



# Program Description

## Outpatient Treatment Programming

CCAB: Genesee County	FY: 2024
Local Program Name: Opiate/Methamphetamine Specific Program	
Service Provider: TRICAP	
CCIS Service Type: G18 – Outpatient Treatment Services	
Total Projected New Enrollment: 6	
For Regional CCABs, total projected new enrollment by member county: N/A	
Projected Length of Stay in Days: 150	
Program Location (select all that apply): Jail: <input type="checkbox"/> Residential: <input checked="" type="checkbox"/> Community: <input type="checkbox"/>	
Program Status: New Initiative	
If modification, describe here: N/A	

**GROUP/CLASS DELIVERED PROGRAMMING –**

- Groups must be separate for both male and female populations.
- Documentation of assessment for eligibility (with appropriate release of information) must be available during annual file review.
- Use of individual sessions must be described.
- Funding for G18 programming is used to fill the CCAB identified gaps in services.
- If this is an Intensive Outpatient Treatment program, you must use SAMHSA guidelines.

**ANSWER ALL QUESTIONS USING “NA” IF NOT APPLICABLE TO THIS PARTICULAR PROGRAM.**

<b>1. Based on your objective(s), what is your target population?</b>
<input checked="" type="checkbox"/> Sentenced Felons <input checked="" type="checkbox"/> Pretrial <input checked="" type="checkbox"/> Other: <b>Convicted/Presentenced offenders, offenders participating in specialty courts or as part of plea agreements, OWI 3rd offenders, and misdemeanor offenders under the supervision of Circuit Court probation.</b>

<b>2. Describe the program:</b>															
<p>a. The COMPAS assessment is considered a screening tool for outpatient treatment and DOES NOT replace the required actuarial assessment.</p> <p>P.A. 511 states eligibility for programming <b>must include moderate to high risk.</b> Please select which needs the program will impact for your target population(s).</p> <p><b>Sentenced Felons:</b> You must identify the number of scales required for referral here: 1</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;"><input type="checkbox"/> Vocational/Education</td> <td style="width: 33%;"><input checked="" type="checkbox"/> Social Environment</td> <td style="width: 33%;"><input checked="" type="checkbox"/> Criminal Association</td> </tr> <tr> <td><input checked="" type="checkbox"/> Substance Abuse</td> <td><input type="checkbox"/> Residential Instability</td> <td></td> </tr> <tr> <td><input checked="" type="checkbox"/> Cognitive Behavioral</td> <td><input type="checkbox"/> Family Criminality</td> <td></td> </tr> <tr> <td><input checked="" type="checkbox"/> Criminal Personality</td> <td><input checked="" type="checkbox"/> Social Isolation</td> <td></td> </tr> <tr> <td><input type="checkbox"/> Leisure &amp; Recreation</td> <td><input type="checkbox"/> Criminal Opportunity</td> <td></td> </tr> </table>	<input type="checkbox"/> Vocational/Education	<input checked="" type="checkbox"/> Social Environment	<input checked="" type="checkbox"/> Criminal Association	<input checked="" type="checkbox"/> Substance Abuse	<input type="checkbox"/> Residential Instability		<input checked="" type="checkbox"/> Cognitive Behavioral	<input type="checkbox"/> Family Criminality		<input checked="" type="checkbox"/> Criminal Personality	<input checked="" type="checkbox"/> Social Isolation		<input type="checkbox"/> Leisure & Recreation	<input type="checkbox"/> Criminal Opportunity	
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**Gender Responsive Scales:**

- Experiences of Abuse as an Adult
- Experiences of Abuse as a Child
- Relationship Dysfunction
- Parental Stress

**Felony Probation Violators, regardless of COMPAS Assessment Score**

**Pretrial Defendants – list referral criteria here:**

**As ordered by the judge as a bond condition for any pretrial defendant with prior documented methamphetamine or opiate use history through either previous convictions or self-reported use are eligible to be assessed for the OSMP.**

**If the individual does not meet the appropriate diagnosis through the SUD assessment for program enrollment, he/she will not be enrolled.**

b. Assessment is the foundation of evidence-based practices. Enrollments in treatment programs should be based upon assessed needs by a licensed or credentialed professional. Please describe your assessment practices below:

i. What assessment is used, identify the tool:

- COMPAS - Circuit Court Probation**
- PRAXIS - Pretrial Services for bond cases**

**Provider uses:**

**Biopsychosocial assessment & report - Determines a diagnosis for OUD (Opioid Use Disorder) and/or SUD (Stimulant Use Disorder-Amphetamine type)**

**If the above listed does not result in required diagnosis licensed TRICAP staff can utilize the following to assist in making an appropriate diagnosis:**

- TCU - Texas Christian University Drug Screen**
- DAST - Drug Abuse Screening Tool**
- MAST - Michigan Alcohol Screening Tool - assess past use**
- AUDIT - Alcohol Use Disorders Identification Test - assess current use**
- SASSI 4 - Substance Abuse Subtle Screening Inventory**

ii. Who completes the assessment?

**Circuit Court Probation, Community Correction staff and Licensed TriCap Therapists**

iii. Does the assessment result in a recommended level of treatment per American Society of Addiction Medicine (ASAM) criteria? **Yes**

c. Identify who is responsible for confirming eligibility and describe the process.

**A referral from the Judicial will be issued to GCCC and MDOC Genesee Probation. At which time, a BIR and COMPAS Bar will be collected from Genesee Probation for eligibility and records purposes. The information is reviewed by GCCC to ensure eligibility criteria (minimum screening or assessment score and has a history of opiate or methamphetamine use) is being met.**



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All information is then forwarded (via email) to TriCap for secondary assessment(s). TriCap staff notifies GCCC and Genesee Probation by email once the secondary assessment(s) have been completed and qualifies them to participate.

If the justice-involved member referred does not meet criteria, GCCC and Genesee Probation will be notified by phone or email.

d. Describe the program design:

- i. Name of curriculum or treatment model:  
**Living In Balance Curriculum for the 4.5 intensive specific classes; Specific(OPI/Meth) Drug Education - Matrix Model with What You Need To Know Methamphetamine and Workbook and What You Need To Know Opioids and Workbook (Hazelden Betty Ford Foundation) - 3 hours.**

**Also incorporated is Seeking Safety, Thinking Matters and Thinking for Change for all groups. All of the groups have cognitive behavioral basics and are evidence based and best practice approved. Both groups (Opioid & Methamphetamine) receive Helping Men/Women Recover, Early Recovery, Relapse Prevention, Mental Health (co-occurring), TREM/M-TREM (trauma), Anger Management & SUD, 5 hours of cognitive classes, 12 step weekly program.**

**Peer Recovery Coaching is also available as well as daily exercise, Peer Recovery Coaching and Mindful Yoga.**

- ii. Identify what skills are addressed within the treatment program:  
**Seek safe environments, Cognitive behavioral processes, social skills, anger management, relapse prevention, how to deal with trauma and uncomfortable emotions, obtain/maintain sobriety.**

iii. Is the group open or closed? **Open**

iv. What is the minimum/maximum number of participants per group, as identified in the curriculum? **3-15**

- v. How many sessions does this group curriculum provide?  
**Participants will be provided 16 groups per week with the OMSP providing 4 of those groups per week.**

**Total program provides 336 groups (16 groups per week for 21 weeks)**

vi. Minimum number of group sessions attended for successful completion:  
**Successful completion of the program is 336 groups over the course of 150 days.**

- vii. If the group occurs in various locations, (jail/residential/community) identify how participants transition between them:  
**No various locations, all groups occur at TRICAP facility. Once a justice-involved member is complete, they are transitioned to community based outpatient aftercare programs with the plan being communicated to both GCCC and Genesee Probation**



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viii.	If individual sessions are part of the program and billed separately, how many individual sessions are anticipated per participant? <b>One individual session per week per client.</b>
ix.	On what basis would individual sessions be used? <b>Individual weekly sessions are built in as part of the curriculum standard.</b>
e.	Identify the license and/or credentials held by your service provider qualifying him/her to provide this service: <b>The service provider, shall, per verification of credentialing in the MDOC-OCC contract, possess a Master's degree or above in the Behavioral Sciences (Social Work, Counseling, or Psychology), and appropriate licensure through the State of Michigan to practice; and possess appropriate Michigan Certification Board for Addiction Professionals (MCBAP) certification; Certified Advanced Alcohol and Drug Counselor (CAADC); or minimum certified Alcohol and Drug Counselor (CADC) at time of hire; or MCBAP-approved development-plan in place with eligibility to obtain CAADC certification within six months from time of hire; MCBAP certificate or development-plan status must be able to be verified through MCBAP search at any time.</b>
f.	How are delivered services and individual progress and participation documented by the service provider and provided to the probation agents and/or referral source? (i.e., progress notes, case notes and/or group notes) <b>Tricap will keep records of assessment, treatment plan, progress notes and discharge/aftercare plan. Notes will be kept for individual and group sessions. Notes are taken at every session with the offender as well as a sign in sheet for group sessions.</b>  <b>Monthly progress reports are provided to the probation agent and manager, indicating the level of progress thus far. Notification is also sent when an offender is sanctioned for a rule violation or terminated from the program for non-compliance. Genesee Probation and GCCC also receive aftercare plans and discharge summaries.</b>  <b>Genesee Probation and GCCC are notified immediately if a participant absconds.</b>
g.	Review your answers above. Summarize other aspects of the program not specifically identified above that you feel are critical to understanding this program: <b>Justice-involved members referred to this program will have to be detoxed from all illicit substances/alcohol for a minimum of 10 days prior to enrollment. Participants are enrolled into Medicaid while at Tricap, and are also eligible to receive Vivitrol. Participants are required to complete homework assignments and are drug tested 3 times per week.</b>  <b>Group services are likely to be taught in-person; however, services, including assessments, can be provided through virtual platforms. If an justice-involved member is denied and GCCC believes this is in error, a request to the grant coordinator may be made for additional review.</b>



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This program is a need for our area. According to the Michigan Overdose Data to Action Dashboard - Michigan Substance Use Vulnerability Index (MI-SUVI), Genesee County is the 9<sup>th</sup> most vulnerable county (out of 83) in Michigan with regards to substance use, with a MI-SUVI score worse than the county average. The data to dashboard also recognizes Genesee County ranking 2<sup>nd</sup> in substance use burden in Michigan, with a composite burden score worse than the county average.

An increase of Methamphetamine found in toxicology testing of death samples has also been identified through the Michigan Monthly Overdose Report. Noting an increase from Quarter 4 2022 at 553 to Quarter 4 2023 at 641.

Additionally, Genesee County is a source city, supplying both the East- and West-side of Michigan through the I69 Corridor.

3. Evaluation is part of evidence-based principles which you **must** identify in section (a). You are **required** to develop **at least one key performance measure** for this program in section (b). Be sure to include the data source, how its tracked and measured. **NOTE:** Successful completion of programming, if listed as the only key performance measure, is not sufficient.

**a. Describe how this program meets each of the following Evidence Based Principles:**

1. **Assess Actuarial Risk/Needs** - Targeting moderate to high-risk offenders with probable to highly probable needs in the substance abuse category using assessment(s) completed by licensed clinician provides diagnosis, and recommendations for treatment.
2. **Enhance Intrinsic Motivation** - Curriculum is designed to allow participants to work at their own pace, allowing for a person-centered approach.
3. **Target Interventions (minimum of 1 required; indicate all that apply)**
  - a. **Risk Principle:** Prioritize supervision and treatment resources for higher risk offenders –Program is designed for higher risk justice-involved members.
  - b. **Need Principle:** Target interventions to criminogenic needs -Curriculum targets moderate to high-risk substance abuse and cognitive criminogenic and gender responsive needs.
  - c. **Responsivity Principle:** Be responsive to temperament, learning style, motivation, culture, and gender when assigning programs -Each treatment plan is person-centered, tailored to each offenders learning level, motivation level and some are gender specific.
  - d. **Dosage:** Structure 40-70% of high-risk offenders' time for 3-9 months -Treatment program is at least 5 months long with other aspects of treatment, such as Mindful Yoga, AA/NA, journaling, and Peer Recovery.
  - e. **Treatment Principle:** Integrate treatment into the full sentence/sanction requirements -Structured sentencing that may include jail and other community programming, treatment and sanctions.



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4. **Skill Train with Directed Practice** - Curriculum facilitated by licensed clinicians with appropriate credentials, utilizes cognitive behavioral techniques and is designed to encourage willful participation through group setting, role play and homework.
5. **Increase Positive Reinforcement** - Incorporating positive reinforcement including encouragement, verbal praise, later bed times, increased privileges, peer leader, assisting group leader, and special events like movies.
6. **Engage Ongoing Support in Natural Communities** - Utilizes local resources and makes referrals to relevant/helpful community-based supports and programming when appropriate.
7. **Measure Relevant Processes/Practices** - Captures statistical data regarding aspects of group participation and completion, including pre- and post-test measurements
8. **Provide Measurement Feedback** - Shares statistical KPM data regarding program with state and local stakeholders

b. **Program Key Performance Measure** - 70% of successfully completed participants will not be re-arrested within the county on a opiate or methamphetamine related charge, tracking at 6 and 12 month intervals using the OMSP tracking spreadsheet.

Data Element - Recidivism - Arrests from the time of successful discharge - 12 months.

Tracking Source -

1. Who is tracking the Data Element? GCCC Staff
2. How is it being tracked? Microsoft Excel Spreadsheet utilizing data from JIS, JDW, local court system
3. At what frequency is it being tracked? Monthly

Additional Program Key Performance Measure – N/A

Data Element – N/A

Tracking Source –

1. Who is tracking the Data Element? N/A
2. How is it being tracked? N/A
3. At what frequency is it being tracked? N/A

Additional Program Key Performance Measure – N/A

Data Element – N/A

Tracking Source -

1. Who is tracking the Data Element? N/A
2. How is it being tracked? N/A
3. At what frequency is it being tracked? N/A

Additional Program Key Performance Measure – N/A



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