

## The Father's Whey: Partnering for Presence in the Birth Room

In response to Genesee County Health Department's initiative to increase father engagement during pregnancy and childbirth, I am submitting this proposal for consulting services. My contribution to the **"Daddy as a Doula"** project would center on creating and delivering a deeply grounded, culturally-responsive training series that equips fathers with the tools to offer meaningful support during labor and birth.

With nearly 15 years of experience in birthwork—including doula care, lactation consulting, and community-based education. I design trainings that honor the unique needs of each community. I approach this work through a lens of equity, inclusion, and cultural respect, ensuring fathers aren't simply given information but are truly liberated to show up for their partners in ways that feel natural, confident, and connected.

This quote reflects a comprehensive scope of work, including curriculum design, session facilitation, and administrative coordination. It reflects the depth of planning, presence, and professional expertise I bring to every engagement.

**Total Contract: \$22,500/year for 2 years**

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### 1. Customized Training & Facilitation – \$12,000/year

- Co-lead up to 8 in-person or virtual sessions annually
- Includes preparation, group engagement between sessions, and delivery
- Sessions are tailored in real time based on group dynamics and feedback

**Estimated Hours: 96/year**

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### 2. Curriculum Development & Resource Design – \$7,500/year

- Co-develop a practical, accessible training guide with culturally-specific examples and trauma-informed framing
- Draft and revise tools (handouts, visual aids, reference materials) for participant use and potential replication

**Estimated Hours: 60/year**

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### **3. Collaboration, Admin & Evaluation Support – \$3,000/year**

- Monthly planning and strategy meetings
- Communication, documentation, and contribution to any evaluation or reporting processes

**Estimated Hours: 24/year**